

TUMBLE KICKS (INFORMATION SHEET)

(Fitness for Children)

(15 months – 5 yrs. old)

***** Classes are being offered at the *Westminster Family Center***
11 Longwell Ave, Westminster, Md (410.751.5501)***

“Just Me”

This class is designed for children ages 2 yrs. – 5 years old. This blended class has been very successful. Each child has the opportunity to socialize and exercise **without a “caretaker”**. During class, a variety of props (ie. Parachute, hula-hoops, bean bags, etc) and music will be used to explore movement. In addition, the children will be introduced to basic tumbling, and pre-sports skills.

“Caretaker and Me”

This class is designed for children ages 15 months—2 1/2 yrs old. This class is **with a caretaker**. All children must be walkers. During class a variety of props (ie, parachute, hoops, bean bags, etc.) and music will be used to work on all areas of development. There will be free play and structured activities. We will also use sports equipment and simple gymnastic equipment in class.

Class Policies

- *Parents may enroll their child anytime during the session. Classes will be pro-rated. If you are a member of the Westminster Family Center, we will pick up or drop off your child to the Family Center daycare.*
- *Students should arrive 5 minutes prior to class.*
- *Please leave bottles and snacks outside the classroom.*
- *Parents and siblings are not permitted to sit in the class and observe. (Just Me)*
- *A child/sibling may try the class for a fee of \$6/class. Please RSVP a spot. (443-340-6413-Shareen)*

WEATHER POLICY during inclement weather. (We follow Carroll County Public schools).

Please check your e-mail that morning to see if your class is cancelled.

1. **CCPS CLOSED—no class.**
2. **CCPS 1 HR LATE— classes will be delayed 1 hr.**
3. **CCPS 2 HR LATE-There will be 1 joined “Just Me” class at 11:00-11:45am.**
The “caretaker and me” class will be from 12-12:45pm.
4. **If it starts snowing in the morning and CCPS schools are still open, classes will be held.**

REFUND POLICY:

- **Withdrawal before session begins-full refund**
- **Withdrawal after 1st class-no refund**
- **Class is cancelled-full refund**
- **Refunds/credits will not be given for missed classes.**
- **Each student may make-up 1 missed class/session.**

Any questions please call: Shareen Scibek: 410-374-0180 or Cell: 443-340-6413
email: sscibek@comcast.net

Mailing address: 3997 Terrace Drive, Hampstead, Md 21074

